



Seattle/King County Hot Meal Directory

Note: Meals are free unless otherwise noted

For additional listings provided by the Meals Partnership Coalition, visit: <http://www.mealspartnership.org>

ACRS FOOD BANK

**919 So. King St.
Seattle, WA 98104**

Contact: Karen Jackel
Phone: 206-292-5714

Lunch: Friday (11:30 AM) until all meals have been distributed.

Criteria: none

ACRS Senior Lunch/Club Bamboo

3639 Martin Luther King Way South, Seattle

Lunch: Tuesday – Friday 11:30 AM – 1:00 PM

Criteria: Primarily Asian & Pacific Islander seniors.

AUBURN FOOD BANK

**930 18TH Place NE
Auburn, WA 98002**

Contact: Debbi Christian
Phone: (253) 804-5696

Housed at different locations:

First United Methodist Church of Auburn
100 N St SE
Auburn, WA 98002

Dinner: Mondays (4:30 PM - 5:30 PM).

Criteria: None. Open to the general public

NW Family Church
3535 Auburn Way S.
Auburn, WA 98092

Dinner: Wednesday (5:30 PM- 6:30 PM)

Criteria: None. Open to the general public

Evening Food Bank

Open: 2nd Wednesday of each Month

Time: 4:30 PM – 6:30 PM

BLESSED SACRAMENT CHURCH

**5050 Eighth NE (parish Hall)
Seattle, WA 98105**

Contact: John Morford

Phone: (206) 903-6005

Lunch: Every Sunday from 12:00 PM to 2:00 PM

Criteria: Open to the general public; children welcome.

Food Bank

Open: Every Friday

Time: 10:30 AM – 12:00 PM

Criteria: To qualify you must live within the University District. Be part of Zip Code – 98105, 98103, and 98115.

BREAD OF LIFE MISSION

97 South Main, Seattle, WA 98104

Contact: Bryan Uebelacker

Phone: (206) 682-3579 ext: 106

Coffee & Pastries: Monday – Friday (10:00 AM – 4:00 PM)

Breakfast: Monday – Saturday (6:15 AM-7:00 AM)

Overnight guests only.

Lunch (hot meal): Monday – Friday (12:15 PM – 1:15 PM)

Dinner: Monday – Saturday (7:30 PM)



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Criteria: Attendance at chapel service is required for dinner (check in time 5:30- 6:15 PM chapel service 6:30- 7:30 PM; must be sober.

CATHEDRAL KITCHEN

**804 9TH Ave. (on Columbia between Terry and 9th Ave)
Seattle, WA 98104**

Contact: Jill McAuliffe
Phone: 206-264-2091
Dinner: 4:30 PM-5:00 PM - (Mon.-Fri.)

Criteria: Line-up starts at 3:30PM for a ticket on the day of dinner. All are welcome.

CHIEF SEATTLE CLUB

410 2nd Avenue, Extension So.

Monday – Friday 7:00 AM-9:30 AM

Criteria: American Indians only

COMMUNITY LUNCH on CAPITOL HILL

**1710 – 11th Ave. (on the corner of 11th & East Olive)
In the Parish Hall of Central Lutheran Church
Seattle, WA 98122**

Contact: Don Jensen
Phone: 206-322-7500

Lunch (Hot Meal): Tuesday and Friday (12:00 PM – 1:00 PM) at Central Lutheran Church Parish Hall
Dinner: Wednesday and Thursday 5:00 PM – 6:00 PM, All Pilgrims Church, 509 10th Avenue East, Broadway at Republican Streets, enter off of Republican Street.

DOWNTOWN EMERGENCY SERVICES CENTER

**517 – 3rd Avenue
Seattle, WA 98104
206-464-1570**

Breakfast: Daily (8:30AM) must register with DESC first.
Dinner: Daily (5:30 PM) only if you have a bed

Criteria: Overnight shelter residents only - Homeless men and women 18 yrs. or older. Priority Categories: Mentally ill, chemically dependent, single women, men 60 and older, physically or developmentally disabled or medically compromised (must be able to get in/out of wheelchair).

DUOC SU TEMPLE

**6924 42ND Ave. S.
Seattle, WA 98118**

Contact: Thu Dinh
Phone: 206-244-9604

Lunch: Saturdays (12:00 PM – 1:00 PM)

Criteria: They must be 60 yrs. and older, their spouses and adults over 18 with disabilities are welcome to enjoy nutritious meals.

EL CENTRO DE LA RAZA

**2524 16th Ave. So
Seattle, WA 98144**

Contact: Denise Perez
Phone: 206-957-4609

Lunch: Monday - Friday (12:00 PM – 1:00 PM)

Criteria: No restrictions; open to all

FRIDAY FEAST—a program of ROOTS

**University Temple United Methodist Church
1415 NE 43rd Street (alley entrance)
Seattle, WA 98105**



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Contact: Matt Fox
Phone: 206-632-1635

Dinner: Friday (6:00 PM) a 6-8 course restaurant hot meal.

Criteria: Everyone is welcome.

FRIENDLY ISLAND OF TONGA SENIORS

**Southwest Community Center
2801 SW Thistle
Seattle, WA 98136**

Contact: Lita Teulilo
Phone: 206-764-4452

Lunch: Friday (11:00 AM – 1:00 PM)

Criteria: Serve low-income people living in Seattle regardless of age.

HUNGER INTERVENTION PROGRAM

12736 33rd Avenue NE
Seattle, WA 98125
hungerintervention@comcast.net

Lunch Fridays 12:30 PM – 1:30 PM

Criteria: Open to all.

IMMANUEL LUTHERAN CHURCH

**1215 Thomas Street
Seattle, WA 98109**

Contact: Patty Turnberg
Phone: 206-622-1930

Lunch: Last Sunday of the month (12:00 PM – 2:00 PM)

Criteria: No restrictions; open to all.

Food Bank

**1215 Thomas Street
Seattle, WA 98109**

Contact: Patty Turnberg
Phone: 206-622-1930
Last 2 Fridays of the month (9:00 AM – 10:30 AM)

INDOCHINA/CHINESE ELDERLY ASSOCIATION

**Bush-Asia Lunchroom
409 Maynard Ave. S.
Seattle, WA 98104**

Contact: Kenneth Thao
Phone: 206-849-8628

Lunch: Saturdays (11:30 AM to 1:00 PM)

Criteria: They must be 60 yrs. and older, their spouses and adults over 18 with disabilities are welcome to enjoy nutritious meals.

KOREAN SENIOR CLUB

**2121 26th Avenue South
Seattle, WA 98144**

Contact: Eunyi Kim
Phone: 206-695-7584

Lunch: Tuesday and Friday (11:30 AM – 1:00 PM)

Criteria: Must be 60+, or with a disability

LAZARUS DAY CENTER

**416 2ND Avenue Extension South
Seattle, WA 98104**

Contact: Mike Wertz
Phone: 206-623-7219

Breakfast: 7 days a week (1:00 PM – 3:00 PM)

Lunch: 7 days a week (1:00 PM – 3:00 PM) hot meal.



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Criteria: Must be 50 or above. Bring in valid ID to verify age. Beverages not included with meal – coffee & hot chocolate (**25 cents**) tea (**10 cents**). Shower and laundry available
1:00 PM – 4:00 PM.

LUNCHTIME AT ST. LUKES
St. Luke's Episcopal Church
5710 22nd Avenue NW
Seattle, WA 98107

Contact: Nancy Rogers
Phone: 206-784-3119 ext 108

Morning snack/coffee: Monday – Friday (8:00 AM – 10:00 AM)
Breakfast: Monday and Wednesday (8:00 AM – 10:00 AM)
Lunch: Tuesday and Friday (11:30AM – 12:30PM)

Criteria: Open to all. Please call first at the end of June for summer service.

MARY'S PLACE/CHURCH of MARY MAGDALENE
314 Bell Street
Seattle, WA 98121

Contact: Carol Cameron
office@marysplaceseattle.org

Phone: 206-621-8474

Mary's Place

Breakfast: Monday – Friday (7:30 AM – 8:30 AM)
Lunch: Monday – Friday (12:15 PM)

Church of Mary Magdalene

Breakfast: Saturday (9:00 AM)

Lunch: Saturday (12:00 PM)

Criteria: Open to women & children only. Program is moving in June 2012 (call first for address)

MILLIONAIRE CLUB
2515 Western Avenue
Seattle, WA 98121

Contact: Brent Herrmann
Phone: 206-728-5627

Breakfast: Monday-Friday (6:15AM-7:00AM) hot meals.
Lunch: Monday-Friday (12noon-1:30PM) hot meals.

Criteria: No restrictions; open to all.

MONDAY FEEDING PROGRAM
Woodland Park Presbyterian Church
225 North 70th
Seattle, WA 98103
woodlandparkprs@qwestoffice.net

Contact: Deanne Hamlin
Phone: 206-782-3776

Lunch: Monday (12:00 PM – 12:30 PM)

Criteria: Open to all; children welcome. All is welcome @ 9:30 AM for coffee. Lunch is open @12:00 PM.

NEW HORIZONS MINISTRIES
2709 3rd Avenue
Seattle, WA 98121

Contact: Carina Schubert
Phone: 206-374-0866 ext. 103

Breakfast: Mon.-Tues.-Thru.-Fri. (10:00 AM-11:00 AM)
Youth 13-22 years old.



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Dinner: Sunday (6:00 PM – 7:00 PM) on Mon.-Tues.-
Wed. (7:00 PM-8:00 PM).
Youth 21 and under only.

OPERATION NIGHTWATCH

**302 – 14TH Avenue So
Seattle, WA 98144**

Contact: Coleen Marta
Phone 206-323-4359

Dinner: Daily (9:00PM – 10:30PM) serving hot meals.

Criteria: Men must be referred through DESC/Bread of
Life Mission or either a health professional or social
worker. No referrals for women necessary.

OUR LADY OF MT. CARMEL

**508 Broadway
Seattle, WA 98122**

Phone: 206-325-0871

Pastries: Tuesday – Sunday (6:30 AM – 12:00 PM) serve
coffee and pastries in day room

Lunch: Tuesday – Sunday (9:00 AM – 11:00 AM); closed
the 1st Tuesday of the month.

Criteria: Open to all; must be sober. *** Information not
updated prior to publication. Please contact office for
meal time.**

OUTDOOR MEAL SITE

**6th & Columbia (Car Pool Parking Lot – north end
underneath I-5 freeway)**

Contact: Krista Grimm
Phone: 206-396-8123/toll free: 1-206-922-2015
Different meal providers:

Monday – Friday

OPERATION: Sack Lunch

Breakfast: Monday – Friday (8:00AM – 9:00AM)
Lunch: Monday – Friday (1:00PM – 2:00 PM) hot meal

Monday –Thursday

The Lord's Table

Dinner: Monday – Thursday (7:30PM – 9:00PM) hot
meal

OUTDOOR MEAL SITE (continued)

Friday

Mercy Driven Ministries

Dinner: Fridays 6:30 PM – 7:30 PM) hot meal

Saturday

Bible Study Outreach

Lunch: Saturday (12noon – 1:00PM) sack lunches

Mt. Zion Baptist

Dinner: 1st, 3rd, & 5th Saturday (4 PM – 5:30 PM)

Seed of Abraham Pentecostal Church

Snacks: 2nd Saturday (1:00PM – 2PM)

Snoqualmie Valley Church

Dinner: 4th Saturday (6:30 PM – 8:30 PM)

Restoration Life Church

Lunch: 4th Saturday (2:00PM – 3:30PM) sack lunches or
hot meal.

Sunday

Anon. Acts of Kindness

Lunch: Sunday – 1st, 2nd, 4th & 5th (1:00PM – 2:00PM) hot
meal

Neighborhood Cooking

Dinner: 1st Sunday (6:00PM – 7:00 PM) hot meal

Mother's Kitchen

Brunch: 3rd Sunday (10:00 – 11:00AM) hot meal

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Anon. Acts of Kindness

Lunch: 3rd Sunday (12:00PM – 1:00PM) hot meal

Curry Temple

Lunch: 3rd Sunday (2:00 PM – 3:30 PM) hot meal

Set Free Ministries Int.

Lunch: 2nd & 4th Sunday (11:00AM – 12:30PM) cold lunch

Magic Works Alumni

Breakfast/Clothing: Last Sunday of each month
November – March
(8:00 AM – 10:00 AM)

Friends of Francois

Major Holidays only, Thanksgiving, Christmas, New Year's Day

Criteria: Open to all

OUTREACH BREAKFAST

400 East Pike Street

Seattle

206-322-7411

Breakfast: 2nd and 4th Saturdays. Open to all

PACIFIC ASIAN EMPOWERMENT PROGRAM

270 So. Hanford St., Suite 204

Seattle, WA 98134

Contact: Robert Friedlander

Phone: 206-324-0236

Housed at different locations:

Filipino Community Center of Seattle

5740 Martin Luther King Jr. Way

Seattle, WA 98118

Lunch: Mondays, Tuesdays & Thursdays (10:30AM – 1:00PM)

International Drop-In Center

7301 Beacon Avenue South

Seattle, WA 98108

Lunch: Wednesdays and Fridays (10:30AM – 1:00PM)

Lao Senior Club Community

5740 Martin Luther King Jr. Way

Seattle, WA 98118

Lunch: Wednesdays and Fridays (10:30AM – 1:00PM)

Hmong Senior Club Group

5740 Martin Luther King Jr. Way

Seattle, WA 98118

Lunch: Wednesdays and Fridays (10:30AM – 1:00PM)

Samoan American Pacific Organization

Southgate Masonic Hall

1004 SW 152nd Street

Burien, WA 98166

Lunch: Wednesdays and Fridays (10:30AM – 1:00PM)

Criteria: No restrictions to seniors; open to all.

PSKS—PEACE for THE STREETS by KIDS FROM THE STREETS

1814 Summit Avenue, Seattle

206-726-8500

Lunch: Tuesday – Friday 11:00 AM – 1:00 PM

Criteria: Open to youth up to age 21. * **Information not updated prior to publication. Please contact office for meal time.**

PHINNEY NEIGHBORHOOD ASSN. SOUP KITCHEN

St. John's Lutheran Church



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**5515 Phinney Ave. North (Fellowship Hall) & Crown
Lutheran Church 1501 NW 90th Street
Seattle, WA 98103**

Contact: Michael Gregory
Phone: 206-783-2244

Lunch: Wednesday (12noon – 1:00PM) at Crown
Lutheran Church
Dinner: Monday (4:00 PM snacks and beverage; dinner
5:00 PM – 6:00 PM) at Crown Lutheran Church; Tuesday
(5:00 – 6:00) at St. John's Lutheran

Criteria: No restrictions; open to all

**PIKE MARKET SENIOR CENTER
85 Pike Street
Seattle, WA 98101**

Contact: Michael Montgomery
Phone: 206-728-2773 ext. 7

Breakfast: Monday – Sunday (8:25AM); may consist of a
hot meal or pastries.
Lunch: Monday – Sunday (12:00 PM)
Criteria: Seniors over 55 yrs. old ID is required also
need to fill out a membership form. Suggested yearly
fee is \$10.

**QUEEN ANNE FOOD BANK MEAL PROGRAM @ SACRED
HEART
232 Warren Avenue North, Suite B
Seattle, WA 98109**

Contact: Elise Hale-Case
Phone: 206-612-4102

Sack Lunches: Monday – Friday (8:30AM – 10:30AM)

Criteria: No restrictions open to all

RECOVERY CAFE

2022 Boren Avenue, Seattle

Contact: David Coffey
Phone: 206-374-8731 ext. 110
david@recoverycafe.org

Lunch: Tuesday – Saturday 12:30 PM – 2:30 PM
Dinner: Tuesday – Saturday 5:15 PM – 6:00 PM

Criteria: Open to all. (Must be sober 24 hours; must
become member after 1st meal.)

**ST. ANDREW'S JUBILEE DINNERS
St. Andrew Episcopal Church
111 NE 80th St.
Seattle, WA 98115**

Contact: Doug Macmillan
Phone: 206-669-1258

Dinner: Last Sunday of the month (2:00 PM) a complete
and highly nutritious hot meal.
Vegetarian and dairy-free meals upon request.

Criteria: Open to the community; handicapped
accessible.

**SAINT MARTIN'S de PORRES SHELTER
1561 Alaskan Way S
206-323-6341**

Dinner: 6:30 PM daily. Open to shelter participants
only.

Criteria: Open to men 50+

**SAINT SPIRIDON ORTHODOX CHURCH
Feed the Hungry Program
400 Yale Avenue North
Seattle, WA 98109**



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Contact: Church office, 206.624.3897,
stsoc@comcast.net

Lunch: Last Saturday of each month, 11:00 AM – 1:00 PM.

Criteria: Open to all needy and homeless persons; no verifications, no restrictions. *** Information not updated prior to publication. Please contact office for meal time.**

SAMOAN SENIOR CLUB
North Hill Community Club
20827 Third Ave. S.
Des Moines, WA 98198

Contact: Sam Ito
Phone: 206-898-2172

Lunch: Friday (12:00 PM – 1:30 PM)

Criteria: Serve low-income people living in Seattle, primarily Samoan seniors,

SCIPDA NUTRITION SERVICES
Bush Hotel (Bush-Asia Center (downstairs/park level))
409 Maynard Ave. So.
Seattle, WA 98104

Contact: Frank Bacungan
Phone: 206-292.5184

Lunch: Monday-Friday (11:00 AM – 1:00 PM) serving Asian meals.

Criteria: Must be 60 yrs. or older, spouse can be any age.

SEATTLE INDIAN CENTER HOT MEALS
611 12th Avenue So., Suite 300

Seattle, WA 98144

Contact: Michelle James
Phone: 206.329.8700

Breakfast: Monday – Friday (10:00 AM – 11:00 AM)
Lunch: Monday – Friday (12:00 PM – 1:15 PM)

Criteria: Everyone is welcome. ID is required

SEATTLE KOREAN ELDERS ASSOCIATION
Center Park Community Hall
2121 26th Ave. S.
Seattle, WA 98144

Contact: Eunyi Kim
Phone: 206-695-7584

Lunch: Tuesdays and Fridays (9:30 AM – 12:30 PM)

Criteria: They must be 60 yrs. and older, their spouses and adults over 18 with disabilities are welcome to enjoy nutritious meals.

SEATTLE'S UNION GOSPEL MISSION MEN'S SHELTER
318 2nd Avenue Extension So.
Seattle, WA 98104

Contact: Jack Blake
Phone: 206-622-5177

Breakfast: Daily 3 servings (7:30 AM – 8:15 AM – 9:05 AM)
Lunch: Monday-Saturday (12:00 PM – 12:30 PM)
Dinner: Daily (5:30 PM – 6:30 PM)

Criteria: Breakfast, Lunch and Dinner. Everyone is welcome. Chapel service offered during Holiday Meals.



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SOUTH PARK SENIOR MEALS

8201 10th Avenue South, Seattle

Contact: Dagmar Cronn
Phone: 206-257-0578
cronn@oakland.edu

Lunch: Tuesday 10:30 AM
Dinner: Monday & Friday 5:30 PM

Criteria: Open to all. Tuesday Lunch is sponsored by the Latino Senior Lunch Program.

TEEN FEED

4740B University Way NE, Seattle, WA 98105

Contact: Alexis Lair
Phone: 206-229-0813

Housed at different locations:

University Lutheran Church
N.E. 50th & 16th NE
Seattle, WA 98105
Dinner: Monday (7:00 PM – 8:00 PM)

University Congregational Church
NE 45th & 16th Avenue NE
Seattle, WA 98105
Dinner: Tuesday, Wednesday & Thursday (7:00 PM – 8:00 PM)

University Christian
NE 50th & 15th NE
Seattle, WA 98105
Dinner: Friday (7:00 PM – 8:00 PM) enter via alley on SW corner of building.

University Methodist Temple
NE 43rd & 15th NE
Seattle, WA 98105

Dinner: Saturday (7:00 PM – 8:00 PM)

University of Washington Hillel
4745 17th Avenue NE
Seattle, WA 98105
Dinner: Sunday (7:00 PM – 8:00 PM)

Criteria: All sites serve only youth 13 – 25 yrs. old.

UNIVERSITY DISTRICT YOUTH CENTER

**4516 15th NE
Seattle, WA 98105**

Contact: Erin Maguire
erinma@ccsww.org

Phone: 206-526-2992 ext. 31

Lunch: Monday – Thursday (1:00 PM – 3:30 PM) serve hot meals

Criteria: Youth (12-22 yrs. old) who come in to our drop-in program.

VIETNAMESE SENIOR ASSOCIATION

**Garfield Community Center
2323 E. Cherry St.
Seattle, WA 98122**

Contact: Kim Lundgreen
Phone: 206-491-4774

Lunch: Tuesdays and Fridays (11:30AM – 12:30PM)
Criteria: They must be 60 yrs. old and their spouses and adults over 18 with disabilities are welcome to enjoy nutritious meals.

VOLUNTEER PARK SEVENTH-DAY ADVENTIST CHURCH

**1300 East Aloha Street
Seattle, WA 98102**



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Contact: Mariano Timple, aronious@msn.com
Phone: 206-325-5544

Breakfast: Tuesdays 10:30 AM – 11:30 AM;
1st and 3rd Saturdays: 9:30 AM – 10:30 AM

Criteria: Open to All

WESTWOOD CHRISTIAN ASSEMBLY

9252 16th Avenue SW, Seattle

Phone: 206-763-0585

Lunch: 2nd and 4th Tuesdays 12:00 PM – 2:00 PM. For the Tuesday meal, please call first to make sure meal is served that Tuesday.

Criteria: Primarily a clothing bank with lunch service.
Open to all.

WOMEN'S REFERRAL CENTER

2030 3rd Avenue, Seattle

Dinner: 6:00 PM – 7:00 PM

Criteria: Women 18 and older, no children.

YOUTHCARE'S JAMES W. RAY ORION CENTER

1828 Yale Avenue

Seattle, WA 98101

Brooke.beckwith@youthcare.org

Contact: Brooke Beckwith
Phone: 206-622-5555

Breakfast: Monday – Friday (8:30PM – 9:00PM)
Lunch: Monday – Friday (12:30PM – 1:00PM)
Dinner: Monday, Wednesday – Friday (6:00PM – 6:30PM)

Criteria: Serve only youth 13 – 22 yrs old.

YWCA ANGELINE'S DAY CENTER

2030 3rd Avenue

Seattle, WA 98121

Contact: Hollianne Monson
Phone: 206-436-8672

Breakfast: Daily (8:10 AM – 8:40 AM)
Lunch: Daily (11:30 AM – 12:00 PM)
Lunch: Daily (12:30 PM – 1:00 PM)
Snack: Daily (3:00 PM – 3:30 PM)
Dinner: Daily (6:15 PM – 6:30 PM)

Criteria: Homeless women who are 18 yrs and older.
Only single women no children.